



Be Refreshed

NOTES



4wordwomen.org



FIND YOUR REFRESHMENT

We are so happy you've decided to dedicate a few minutes each day to hitting your "refresh button" and reclaiming your ability to invite God into your daily life.

As you journey through "Be Refreshed," continue your time of learning and reflection by jotting down thoughts and prayers as they come to you. We hope this printable companion to "Be Refreshed" will encourage you to dive headfirst into the next 365 days of hearing from other women in the workplace and learning through them what God has in store for you.

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Date

What did God reveal today?

Based on today's reading, what can I apply to my life today?

My prayer for today:

